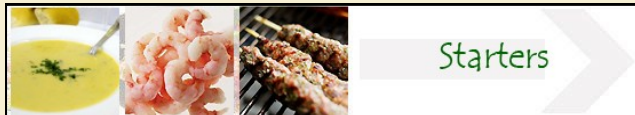


Green's Creoso * Welcome

All our ingredients are sourced locally where possible

– we serve simply good Welsh food!

This menu is available for lunch and dinner along with the Chef's Daily Specials on our blackboard. Please see our Spring Green's menu for the under 12's.



Home-made soup of the day £3.50
served with a hot crusty roll

Creamy Garlic Mushrooms £4.30
served on toasted ciabatta

Lamb Koftas £4.50
delicious skewers of minced lamb with a mint and yoghurt dip

Stuffed Field Mushroom £4.50
open field mushroom filled with herb breadcrumbs, laverbread and cheese, topped with crisped bacon

Prawn Cocktail £4.90
served on a bed of iceberg lettuce with Marie Rose sauce or laverbread mayonnaise

STEAK & WINE £12.99

8oz Grilled Rump Steak
served with oven-roasted tomato, field mushroom, sautéed onions & a choice of hand cut chips or jacket potato & a glass of house wine (125ml)

Chef's Chicken Curry £6.00

A tasty, creamy chicken curry served with hand cut chips or rice and a poppadom.

Load this dish up!

Onion Bhaji and
Mango Chutney
only £1



Main Courses

Grilled Rump steak
5oz £7.10 10oz £11.50
served with oven-roasted tomato and hand cut chips

Load up your steak for only £2.99
Choose any 1 side order and any 1 sauce!

Beef Medallions £14.99
in a peppercorn sauce served with hand cut chips or jacket

St. David's Mixed Grill £11.99
lamb cutlet, bacon, sausage, black pudding, cockles, laverbread, tomato, mushroom and fried egg
Served with hand cut chips or jacket

Bangers and Mash £6.99
Gower pork and leek sausages with creamy mash and caramelised red onion gravy

Lamb Shank £11.99
served on a bed of mash in a rich mint gravy

Chargrilled Pembrokeshire Gammon Steak
5oz £5.90 10oz £9.40
with oven-roasted tomato and pineapple or fried egg, hand cut chips or jacket

HOUSE SPECIALITY

Chicken Castell Nedd £8.99

breast of chicken stuffed with sage and onion, in a bacon and leek sauce and a choice of potatoes

Fresh battered Cod and Hand Cut Chips £6.99
with mushy peas and Tartar sauce

Classic 6oz Cheeseburger, £6.10
served with tomato salsa & hand cut chips

Castle Brunch Burger £7.25

succulent 6oz cheese burger loaded with bacon, egg and mushrooms.
served with tomato salsa and hand cut chips

California Chicken £6.30
sweet chilli chicken strips, bacon, Cheddar and coleslaw
served on an open sesame bun
with hand cut chips or jacket

Home-made Beef Lasagne £5.90
served with hand cut chips or jacket

Also see our blackboard for daily specials

Main Courses...cont

V Caesar Salad £4.90
cos lettuce, shaved Parmesan and crunchy croutons
tossed in Caesar dressing
ADD CHARGRILLED CHICKEN FOR ONLY £1.50

Scottish Whole Tail Scampi £6.50
served with hand cut chips, peas & tartar sauce

V Mushroom Stroganoff Supreme £5.70
portobello mushrooms in a brandy & cream sauce,
served on a bed of long grain rice
ADD BEEF TO THIS DISH FOR ONLY £2.00

V Mediterranean Vegetable Lasagne £5.70
served with hand cut chips or jacket



Hand cut chips, jacket, mash or sauté potatoes £2.30

Tatws a caws £2.90
potatoes sautéed with onions in a rich cream and cheese sauce

Seasonal vegetables £2.50

Sautéed mushrooms £2.50

Onion rings £2.50

Mixed salad £2.90

Garlic bread £2.50 with cheese £2.75

Sauces £2.00
peppercorn, BBQ, Diane



Please see our desserts' board for today's selection or ask our waiting staff

Meal Deal Special!

Choose any dessert for only £2.99
when ordered with a main course

A selection of
ice-cream **JOE'S**